		-													
		/	Celeny Criusiaceans Criusiaceans Liupin Mills and Mills and Sesame Seeds Subhur Dioxide												
		/	/ :			/	/	/	/	/	/	/	/4	, /	Sulphur Dioxide
		/	/ 👸	Crustaceans	/	/	/	/	/	/	/	/	Sesame Seeds	/	
		/_	/×°	ئورۇ	/	/	/_	/	Molluscs	Mustard	/	Peanuts		/	
	Duand / Daaina	Celery	/ 8		kgg,	Fish	Lupin Lupin	Milk	/ <u>}</u>		Nuts	[gan]	88	80/2	
Ad also	Brand / Recipe	/ 5	/ 0	/ G	14	14	/ -	/ ≥	/ 2	/ ≥	/ ~	/ 🗸	/ ഗ്	/ ഗ്	/ 5 /
Main															
Toad in the Hole			Х		Х			Х							
asagne & Garlic Bread			Х		Х			Х							
Sweet & Sour Chicken															
Chicken Burger			Х												
Hot Dog			Х										1		$\perp$
Fish Stars			Х		1	Х						1	1		
Cheese Flan			Х		Х			Х							
lacket Potato with Cheese					1			Х				1	1		
Roast Gammon					1							1	1		
Roast Quorn					Х			Х				1			
Chicken Pie			Х		Х			Х							May
ish Fingers			Х			Х									
/egetable Fingers			Х												
3 Cheese Pizza		Х	Х					Х						May	
Salmon Fish Fingers						Х									
Battered Fish			Х												
Sausage															
Quorn Sausage			Х		Х			Х							
Roast Chicken															
Stuffing			Х												
Roast Beef					Х			Х							+
Yorkshire Pudding			Х					Х							1
Chicken Korma								X		Х					1
Vegetable Pasta Bake			Х		Х										_
egetable i asta sane			, A		Α										+
		1	1		1							<u>†                                      </u>	1		+
On the side															
Skin on wedges															
Roast potatoes		1	1	1	1	1				1	1	1	1	1	
Chips		1	1	1	1	1				1	1	1	1	1	
Rice		+		<u> </u>		1				1	1	1		<u> </u>	<del>                                     </del>
Mash potato		1	1	<u> </u>		<u> </u>				<u> </u>	<u> </u>	1		<u> </u>	+
Pudding															
Vousse								Х							
Cookie		+	Х	1	Х	1	-	X	1	1	1	1		1	+
imoothie		+	^	1	^	1				1	1	1	1	1	+
ce Cream				-		-		Х		-	-			-	+
		+	1	1	-	1	-	^		1	1	1	-	1	+
elly	+	+	.,	1		1	1	v		1	1	1	1	1	+
Orange Carrot & Courgette Cake		+	X	1	X	1	1	X		1	1	<del>                                     </del>	1	1	+
Carrot Cake			X		X			X				1	1		
ced Sponge			X	ļ	X	<u> </u>		X		<u> </u>	<u> </u>			ļ	
Shortbread			X	ļ	X	<u> </u>		X		<u> </u>	<u> </u>			ļ	
Oat Cookies			Χ		X			X					1		