



Sex and Relationships Education Policy

Author, date and title	Reviewed on	Next review due date	Statutory Requirement
Jane Anderson November 2015		November 2017	Yes
Sarah Woodham	October 2017	October 2019	Yes
Sarah Woodham	February 2019	February 2022	Yes

As Values Schools, Shillington Lower and Stondon Lower ensures that all its policies, principals and practices adhere to the Values Education ethos.

We are committed to recognising, valuing and respecting the diversity of our schools' communities. We adhere to the Local Authority's Equal Opportunities Policy and the Equality Duty 2010. We welcome all members of the schools' communities irrespective of race, ethnic or national origins, religious and political beliefs, gender, disability, sexuality, age, marital status and linguistic ability. We will ensure equality and value diversity, and address any unfair treatment, discrimination and prejudice.

All our schools' policies include the Pixie class (Shillington) and the before and after school club (Stondon).

Head Teacher:

Date:

Chair of Governors:.....

Date:

Introduction

This Policy has been written taking account of the revised National Curriculum 2014 and the new Personal, Social and Health Education (PSHE) framework. At Shillington and Stondon Lower School we believe that effective sex and relationships education is essential if young people are to make responsible and well informed decisions about their lives. It is delivered as an integral part of our general curriculum especially PSHE, Health & Wellbeing and Science. As a school holding the Values kitemark, sex and relationships education is rooted in our school aims below:

- to provide the best possible all round education for all of our children
- to have high expectations of our children and inspire them to have high hopes of themselves and each other
- to constantly learn from each other, to promote safe, healthy lifestyles including online safety
- to develop social, spiritual, moral and cultural awareness

We are aware of the statutory requirements to reintroduces PSHE and relationships education from September 2019 and the statutory status of the health and rleationships part of this from September 2020 and will comply with the timeline therefore to this date

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/595828/170301_Policy_statement_PSHEv2.pdf

What is sex and relationships education?

It is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of family life, stable and loving relationships, respect, love and care.

It has three main elements:

1. Attitudes and values

- learning the value of family life, and stable and loving relationships
- learning the value of respect, love and care
- exploring, considering and understanding moral dilemmas and developing critical thinking as part of decision making

2. Personal and social skills

- learning to manage emotions and relationships confidently and sensitively
- developing self-respect and empathy for others

- learning to make choices based on an understanding of difference and with an absence of prejudice
- developing an appreciation of the consequences of choices made
- managing conflict and learning how to recognise and avoid exploitation and abuse

3. Knowledge and understanding

- learning and understanding physical development at appropriate stages
- understanding emotions and relationships

Why do we teach sex and relationships education?

We teach sex and relationships education in order to help and support young people through their physical, emotional and moral development and to help them learn to respect themselves and others. We want them to be able to move with confidence from childhood through adolescence into adulthood, developing the skills and understanding that they need to live confident, healthy and independent lives. It will help pupils deal with difficult moral and social questions, to develop physically and mentally, preparing them for the opportunities, responsibilities and experiences of adult life. Effective delivery of sex and relationships education is a whole-school approach.

The policy is appropriately set for the age and maturity of the pupils. Children learn the significance of stable relationships as key building blocks of community and society and we take care to ensure that there is no stigmatisation of children as a result of their home circumstances. Pupils are given accurate information and helped to develop skills to enable them to understand difference and respect for themselves and others and for the purpose also of preventing and removing prejudice.

What materials do we use in school when teaching SRE?

The materials that we use are in accordance with the PSHE framework and the law and have regard to the age and cultural background of the pupils. Parents are given information about what will be taught during the summer term in year 4 about puberty and body changes. They have the opportunity to ask questions. Materials used are age appropriate and factual and are those recommended by the schools' nursing service. Often the school nurse team support the delivery of these aspects of the curriculum. In addition through rigorous application of our e-safety policy and safer internet education, children are protected from accessing unsuitable materials on the Internet.

How do we deliver SRE at Shillington and Stondon Lower School?

Our teaching of SRE will increase children's knowledge of:

- the human body

- human growth and development
- families, parenting and life cycles
- personal relationships including their own feelings

These areas of knowledge are mainly taught as part of the Personal, Social, Health Education (PSHE) curriculum, Science, Religious Education and the citizenship aspects of school life. We encourage and welcome the support of specialist agencies such as the school nurse and the life education centre.

We value and respect the learning that occurs in the community and in the home, believing that these, alongside school links, are essential for effective SRE.

Equal opportunities/equality duty

All children will be able to access the Sex and Relationships Education programme regardless of race, class, gender, religion, home language, social circumstances, special education needs or ability.

How does this sex relationships education fit into the personal, social and health education framework at Shillington and Stondon Lower School?

Sex and relationships education is supported by our wider curriculum for personal, social and health education. Pupils receive sex education in the wider context of relationships, which is delivered in an age appropriate way. This is planned with regard to the National Curriculum's programmes of study in Science.

Child protection including radicalisation and child sexual exploitation

Children have a right to be safe. Staff will take notice of any fears or worries that they bring into the classroom. Sex and relationships education, provides an understanding of what is and is not acceptable in a relationship. Sometimes this can lead to disclosure of a child protection issue. If a member of school staff suspects that a child is a victim of abuse, or they have reason to believe that he/she is at risk of abuse, they will carry out the procedures set out in the school's Child Protection policy (which includes radicalisation and child sexual exploitation).

Further information about sex and relationship education is available from a range of national statutory bodies and voluntary organisations such as the Sex Education Forum based at the National Children's Bureau.