



Shillington Lower School

The Weekly Round Up

5th Feb 2021



Update from Miss Woodham

We have spent this week looking after children's mental health and wellbeing and have hopefully had chance to enjoy some tasks and activities **together** and as I write this, I am looking forward to assembly to see all the children's work this week. But I want to ask you how you are? Please feel free to get in touch with an answer—we are here to listen and to do what we can for all our community. Perhaps we need to initiate Parents mental health week...! Looking after your own mental health and wellbeing is just as important in this lockdown. Take time for you too.. This is mentally demanding and stressful on everyone.

Following this newsletter, you will receive a Parentmail parents and carers feedback survey mainly around remote learning. I am aware lots of you have taken time to share your thoughts and appreciation in emails to us and on Seesaw. But I would like to ask you also to do this more formally via the survey please. It shouldn't take you very long and is mainly select an option type questions. Your responses will help us to plan for next half term and adapt where we are able to.

Please also see the link below about an online safety session for Parents and Carers (there is also a parentmail form to complete to notify us of your attendance). It is the talk you need to hear and worth up to an hour of your time. Sally from Beds Police is always fascinating to listen to! I know of many staff members who will be logging on to keep ourselves updated about the latest threats and dangers to our children's safety online. You won't need your cameras or microphones on if you don't want to!

*Thank you to everyone who dressed
Wear Bright, Shine Bright to support
CHUMS and also to our staff who embraced the day!*

REMEMBER

Key reminders from this week: Please remember to wear masks when coming onsite and to use the one-way system when exiting the school

If you are able to keep your child at home, please do so to decrease the amount of contacts in school and the chance your child will need to self-isolate should we have to close a bubble

Useful Links

<https://www.nhs.uk/change4life/recipes/lunch/cheap-lockdown-lunch-ideas/>

<https://www.thinkuknow.co.uk/> - Please remember to sign up for our Online Safety Meeting for Parents at 7.30pm Weds 10th Feb, parentmail form has been sent out (meeting not suitable for children)

<https://teams.microsoft.com/l/meetup-join/19%3a4fbef8f4ddf84ede84f7f73c4d6a1b98%40thread.tacv2/1611926129983?context=%7b%22id%22%3a%22698eadf5-0b52-4f38-8a83-f69d038722ac%22%2c%22oid%22%3a%22d1e45c6e-23ce-44ea-abf3-fdb412a9d931%22%7d>

