

	Brand / Recipe	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Main															
Sausage Rolls			✓		✓			✓							
Quorn Rolls			✓		✓			✓							
Chicken Stirfry with Noodles			✓		✓										
Vegetable Risotto															
Roast Chicken															
Quorn Roast					✓			✓							
Beef Pasta Bake			✓												
Jacket Potato															
Fish Fingers			✓			✓									
3 Cheese Pizza			✓		✓			✓							
Beef Burger in a Bun			✓		✓										
Veg Burger			✓		✓			✓							
Toad in the Hole			✓		✓			✓							
Quorn in the Hole			✓		✓			✓							
Gammon															
Quorn Fillet					✓										
Tuna Pasta Bake with Tomato Sauce			✓			✓									
Battered Fish			✓			✓									
Meat Balls with Gravy															
Chicken Pasta Bake with Tomato Sauce			✓												
Vegetable Pasta Bake			✓												
Roast Beef															
Chilli with Rice															
Cheese and Tomato Flan			✓		✓			✓							
Fish Bites						✓									
On the side															
Chips															
Stuffing			✓												
Roast Potatoes															
Mash															
Wedges															
Pudding															
Frozen Mousse								✓							
Flapjack			✓					✓							
Frozen Yoghurt								✓							
Cornflake Cake			✓					✓							
Smoothie															
Ice Cream								✓							
Chocolate Cake			✓		✓			✓							
Jelly															
Cookie			✓		✓			✓							
Raspberry Muffin			✓		✓			✓							
Mousse								✓							
Melting Moments			✓		✓			✓							
Iced Sponge			✓		✓			✓							