



## Week 1

Week commencing– 3rd Jan, 24th Jan, 21st Feb, 14th Mar

|               | Monday                                 | Tuesday                    | Wednesday                              | Thursday                               | Friday                |
|---------------|--|----------------------------|--|--|-----------------------|
| Meat option   | Toad in the Hole                       | Lasagne & Garlic Bread     | Roast Gammon                           | Sweet and Sour Chicken                 | Battered Cod          |
| Veggie option | Quorn Sausages with Yorkshire Puddings | Vegetable Fingers & Wedges | Quorn Fillet                           | Jacket Potato with a Choice of Filling | Cheese & Tomato Pizza |
| On the side   | Mashed Potato & Seasonal Vegetables    | Carrots & Green Beans      | Roasted Potatoes & Seasonal Vegetables | Rice & Carrots/Baby corn               | Chips & Peas          |
| Pudding       | Chocolate Tart                         | Cookie                     | Ice Cream                              | Iced Sponge Cake                       | Smoothie              |

## Week 2

Week commencing– 10th Jan, 31st Jan, 28th Feb, 21st Mar

| <u>Week 2</u> | Monday                              | Tuesday                  | Wednesday                              | Thursday                               | Friday                  |
|---------------|-------------------------------------|--------------------------|--|--|-------------------------|
| Meat option   | Sausages                            | Chicken Burger           | Roast Beef &                           | Chicken Pie                            | Fish Fingers            |
| Veggie option | Quorn Sausages                      | Vegetable Pasta Bake     | Quorn Fillet                           | Jacket Potato with a Choice of Filling | Cheese & Tomato Pizza   |
| On the side   | Mashed Potato & Seasonal Vegetables | Skin on Wedges & Carrots | Roasted Potatoes & Seasonal Vegetables | New Potatoes & Seasonal Vegetables     | Chips & Corn on the Cob |
| Pudding       | Oat Cookie                          | Chocolate Brownie        | Ice Cream                              | Mousse                                 | Smoothie                |

## Week 3

Week commencing– 17th Jan, 7th Feb, 7th Mar, 28th Mar

| <u>Week 3</u> | Monday                               | Tuesday              | Wednesday                              | Thursday                               | Friday                |
|---------------|--------------------------------------|----------------------|--|--|-----------------------|
| Meat option   | Hot Dog with Roll                    | Fish Stars           | Roast Chicken & Stuffing               | Chicken Korma                          | Salmon Fish Fingers   |
| Veggie option | Quorn Sausages                       | Cheese Flan          | Quorn Fillet                           | Jacket Potato with a Choice of Filling | Cheese & Tomato Pizza |
| On the side   | Skin on Wedges & Seasonal Vegetables | Mashed Potato & Peas | Roasted Potatoes & Seasonal Vegetables | Rice & Vegetables                      | Chips & Beans         |
| Pudding       | Orange Carrot & Courgette Cake       | Shortbread           | Ice Cream                              | Cookie                                 | Smoothie              |